

Hello! We are committed to providing a safe environment for all patients and therapists. Please review our COVID-19 procedures.

WHAT TO EXPECT FOR YOUR APPOINTMENT



PREPARATION

Please read and sign the online COVID-19 waiver and consent forms.

Please fill out the mandatory COVID-19 symptom checklist the day before your appointment.

We ask that you bring your own 3-layer face mask. We will have masks available for \$2.

If you are sick, have travelled within the last 14 days, or have come into direct contact with someone who has been diagnosed with COVID-19, you will need to cancel and reschedule your appointment.

Ensure that you are set up to pay your therapist in a contactless method, ideally via e-transfer. Credit card or direct billing may be options as well depending on your therapist.

If possible, please arrive alone for your appointment.

WHEN YOU ARRIVE



Please arrive no more than 3-5 minutes early. Please wait outside the door or in your car so we can keep reception traffic minimal.

Use this time to send your e-transfer so that you can leave promptly after your session. Receipts will be emailed.

Apply hand sanitizer upon arrival.

You will be asked the COVID-19 screening questions.

Appointments will be cancelled at the time of visit if any patients exhibit signs of illness or fever.



KEEPING YOU SAFE

For everyone's protection, your therapist will be wearing the appropriate personal protective equipment including masks and/or shields or goggles as needed.

Enhanced sanitizing and disinfecting of massage tables and high touch surfaces between treatments and throughout the day with BCCDC approved cleaners.

Staggered appointment times to limit traffic in common areas.

Therapists will cancel appointments if they exhibit any COVID-19 symptoms. We ask you to do the same.



AFTER YOUR TREATMENT

Your therapist can rebook you or you can rebook online later.

Sanitize your hands before you leave.